



## **Navigating Probation and Parole**

1. Always look over the condition of your probation and parole agreement signed in court.
2. Make sure that everything your agent has you doing, urinalysis, drug treatment, alcohol program ect.. Are part of your probation and parole conditions.
3. Check to see if there are any fees associated with your probation and parole.  
Ask probation officer to request a motion to waive your probation fees because of lack of employment
4. After 2 years of being on probation or parole without any new arrest, dirty urinalysis and you have been in full compliance. Your agent should automatically put in to have your probation or parole abated.
5. Never travel out of town without permission.
6. Try to have a good rapport with whoever your agent is.
7. Always have everything in writing when dealing with your agent.
8. Make sure your current address is always up to date if the agent decides to do a pop up or surprise visit.
9. Try to keep some kind of employment even if it's just volunteer work. Your agent wants to know you are doing something positive.
10. If you can't make an scheduled appointment with your agent call them ahead of time to inform them of your situation and politely ask to come in at a later date.
11. Make sure you have a valid ID or driver's license.
12. If you are paying child support make sure you are paying those fees and if you are unable to pay those fees because you are out of work. Go to legal aid and ask to file for a reconsideration of your child support conditions.

### **CALL TO ACTION!**

*Become a member of OFJ!*

*Join OFJ's efforts in supporting criminal justice reform efforts in Maryland!*

*Donate to Out For Justice!*

*Register to Vote!*

**For more information, please contact**

[getinfo@out4justice.org](mailto:getinfo@out4justice.org)

*"The most common way people give up their power is by thinking they don't have any."*

*Alice Walker, author of "The Color Purple"*